

London, Colchester and Ipswich to Norwich

Mondays to Fridays

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus Catering facilities	LE 1P70	LE 1P70	LE 1P72	LE 1P72	LE 1P00	LE 1P02	LE 1P04 A	LE 1P06 B	LE 1P08	LE 1P10	LE 1P12	LE 1P14	LE 1P16	LE 1P18	LE 1P20	LE 1P22	LE 1P24	LE 1P26
London Liverpool Street (LST) 15 d						0600	0625	0700	0730	0755	0830	0900	0930	1000	1030	1100	1130	1200
Stratford (SRA) 7 d							0633u				0838u		0938u		1038u		1138u	
Chelmsford (CHM) 3 d				0001		0630	0656		0802		0902		1003		1104		1201	
Colchester (COL) 4 d			0017	0021		0649	0719	0748	0822	0847	0923	0947	1021	1046	1123	1147	1221	1247
Manningtree (MNG) 2 d			0026	0029		0657	0727	0756	0830	0855	0931	0955	1029	1054	1131	1155	1229	1255
Ipswich (IPS) a			0036	0039		0707	0738	0806	0842	0905	0941	1005	1040	1105	1141	1206	1240	1305
Ipswich (IPS) d			0038	0045	0639	0710	0739	0811	0843	0906	0943	1008	1042	1106	1143	1207	1241	1306
Stowmarket (SMK) d			0050	0057	0650	0721	0750	0822	0855		0953		1053		1154		1252	
Diss (DIS) d	0001	0009	0103	0110	0702	0733	0802	0834	0907	0927	1005	1028	1104	1126	1206	1227	1304	1329
Norwich (NRW) a	0019	0027	0120	0133	0722	0752	0820	0852	0924	0945	1022	1048	1122	1144	1225	1245	1322	1346

Operator Train ID 1st Class/Reservations/Bus Catering facilities	LE 1P28	LE 1P30	LE 1P32	LE 1P34	LE 1P36	LE 1P38	LE 1P40	LE 1P42	LE 1P44	LE 1P46	LE 1P50	LE 1P52	LE 1P56	LE 1P58	LE 1P60	LE 1P62	LE 1P64	LE 1P66
London Liverpool Street (LST) 15 d	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700	1730	1750	1830	1902	1930	2000	2030	2100
Stratford (SRA) 7 d	1238u		1338u		1438u													2038u
Chelmsford (CHM) 3 d	1301		1401		1502		1559											2100
Colchester (COL) 4 d	1320	1348	1420	1447	1521	1548	1620	1646	1718			1843	1920	1948	2020	2050	2121	2147
Manningtree (MNG) 2 d	1328	1356	1428	1455	1528	1556	1628	1654	1726	1749	1827	1851	1928	1956	2029	2058	2129	2155
Ipswich (IPS) a	1338	1406	1438	1505	1538	1606	1638	1705	1736	1759	1837	1901	1938	2006	2040	2108	2139	2205
Ipswich (IPS) d	1339	1407	1439	1506	1539	1607	1640	1707	1737	1800	1840	1903	1940	2009	2041	2109	2141	2207
Stowmarket (SMK) d	1351		1450		1551		1651	1719	1748	1811	1851	1914	1951	2020	2052	2120	2152	2218
Diss (DIS) d	1403	1427	1502	1529	1603	1629	1703	1731	1800	1823	1903	1927	2003	2032	2104	2132	2204	2230
Norwich (NRW) a	1420	1445	1519	1546	1620	1647	1720	1750	1819	1841	1923	1946	2023	2050	2121	2149	2221	2248

Operator Train ID 1st Class/Reservations/Bus Catering facilities	LE 1P68	LE 1P70	LE 1P72
London Liverpool Street (LST) 15 d	2130	2230	2330
Stratford (SRA) 7 d	2138u	2239u	2338u
Chelmsford (CHM) 3 d	2200	2303	0001
Colchester (COL) 4 d	2220	2322	0021
Manningtree (MNG) 2 d	2229	2330	0029
Ipswich (IPS) a	2239	2340	0039
Ipswich (IPS) d	2243	2342	0045
Stowmarket (SMK) d	2255	2353	0057
Diss (DIS) d	2307	0009	0110
Norwich (NRW) a	2326	0027	0133

For the complete service between London, Colchester and Ipswich, see table 006

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- u Stops to pick up only
- A Also calls at Witham 0706
- B Also calls at Shenfield 0721
- MO Mondays only
- MX Not Mondays

London, Colchester and Ipswich to Norwich

Saturdays

Operator	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE
Train ID	1P70	1P72	1P02	1P04	1P06	1P08	1P10	1P12	1P14	1P16	1P18	1P20	1P22	1P24	1P26	1P28	1P30	1P32
1st Class/Reservations/Bus	1◇	1◇	1◇	1◇	1◇	1◇	1◇	1◇	◇	1◇	1◇	◇	1◇	1◇	1◇	1◇	1◇	1◇
Catering facilities	CP	CP				CP			CP	CP	CP	CP	CP	CP	CP	CP	CP	CP
London Liverpool Street (LST)	15 d			0630	0700	0730	0800	0830	0900	0930	1000	1030	1102	1130	1200	1230	1300	1330
Stratford (SRA)	DLR 7 d			0638u		0738u		0838u		0938u		1038u		1138u		1238u		1338u
Chelmsford (CHM)	3 d	0001		0701		0801		0901		1001		1101		1201		1301		1401
Colchester (COL)	4 d	0021		0720	0747	0820	0847	0920	0947	1020	1047	1120	1147	1220	1247	1320	1347	1420
Manningtree (MNG)	2 d	0029		0728	0755	0828	0855	0928	0955	1028	1055	1128	1155	1228	1255	1328	1355	1428
Ipswich (IPS)	a	0039		0738	0805	0838	0905	0939	1005	1038	1105	1139	1206	1238	1305	1338	1405	1438
Ipswich (IPS)	d	0045	0710	0739	0806	0839	0906	0939	1006	1039	1106	1139	1209	1239	1306	1339	1409	1439
Stowmarket (SMK)	d	0057	0721	0751		0851		0951		1051		1151		1251		1351		1451
Diss (DIS)	d	0009	0110	0733	0803	0826	0903	0928	1003	1026	1103	1126	1203	1230	1303	1326	1403	1429
Norwich (NRW)	a	0027	0133	0752	0820	0843	0920	0945	1020	1043	1120	1143	1220	1247	1320	1343	1420	1447

Operator	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE
Train ID	1P34	1P36	1P38	1P40	1P42	1P44	1P46	1P50	1P54	1P56	1P58	1P60	1P62	1P64	1P68	1P70	1P72	
1st Class/Reservations/Bus	◇	1◇	1◇	◇	1◇	1◇	1◇	1◇	1◇	1◇	CP	1◇	1◇	CP	1◇	1◇	1◇	
Catering facilities	CP	CP	CP	CP	CP	CP	CP	CP	CP	CP	CP	CP	CP	CP	CP	CP	CP	
London Liverpool Street (LST)	15 d	1400	1430	1500	1530	1600	1630	1700	1730	1800	1830	1902	1930	2000	2030	2130	2230	
Stratford (SRA)	DLR 7 d		1438u		1538u		1638u		1738u		1838u		1938u		2038u	2138u	2238u	
Chelmsford (CHM)	3 d		1501		1601		1701		1801		1901		2001		2101	2201	2301	
Colchester (COL)	4 d	1448	1520	1547	1620	1647	1720	1747	1820	1847	1920	1947	2020	2047	2120	2220	2320	
Manningtree (MNG)	2 d	1456	1528	1555	1628	1655	1728	1755	1828	1855	1928	1955	2028	2055	2128	2228	2328	
Ipswich (IPS)	a	1506	1538	1605	1638	1705	1738	1805	1838	1905	1938	2005	2038	2105	2139	2238	2338	
Ipswich (IPS)	d	1507	1539	1606	1639	1706	1739	1806	1839	1906	1939	2008	2039	2106	2139	2239	2339	
Stowmarket (SMK)	d		1551		1651	1717	1751		1851		1951		2051		2151	2251	2351	
Diss (DIS)	d	1526	1603	1626	1703	1729	1803	1826	1903	1926	2003	2028	2103	2126	2203	2303	0003	
Norwich (NRW)	a	1544	1620	1644	1720	1748	1820	1843	1920	1943	2020	2046	2120	2143	2220	2320	0020	

Sundays

Operator	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE
Train ID	1P70	1P72	1P08	1P12	1P16	1P20	1P22	1P24	1P28	1P32	1P36	1P40	1P44	1P50	1P54	1P56	1P58	1P60
1st Class/Reservations/Bus	1◇	1◇	1	1◇	1◇	1◇	◇	1◇	1◇	1◇	1◇	1◇	1◇	1◇	◇	1◇	1◇	1◇
Catering facilities	CP	CP																
London Liverpool Street (LST)	15 d			0810	0930	1030	1100	1130	1230	1330	1430	1530	1630	1730	1800	1830	1900	1930
Stratford (SRA)	DLR 7 d			0817u	0938u	1038u		1138u	1238u	1338u	1438u	1538u	1638u	1738u		1838u		1938u
Chelmsford (CHM)	3 d																	
Colchester (COL)	4 d	0021		0916	1017	1117	1144	1217	1317	1417	1517	1617	1717	1817	1844	1917	1944	2017
Manningtree (MNG)	2 d	0029		0924	1025	1125		1225	1325	1425	1525	1625	1725	1825		1925	1952	2025
Ipswich (IPS)	a	0039		0935	1035	1136	1200	1235	1335	1435	1535	1635	1735	1835	1900	1935	2002	2035
Ipswich (IPS)	d		0041	0842	0936	1036	1137	1201	1236	1336	1436	1536	1636	1736	1836	1901	1936	2003
Stowmarket (SMK)	d	0052	0853	0947	1048	1148	1213	1248	1348	1448	1548	1648	1748	1848	1912	1948	2014	2048
Diss (DIS)	d	0003	0105	0905	0959	1100	1200	1225	1300	1400	1500	1600	1700	1800	1900	1924	2000	2026
Norwich (NRW)	a	0020	0122	0924	1017	1117	1218	1242	1317	1417	1517	1618	1717	1817	1917	1941	2017	2044

Operator	LE	LE	LE	LE
Train ID	1P64	1P68	1P70	1P72
1st Class/Reservations/Bus	1◇	1◇	1◇	1◇
London Liverpool Street (LST)	15 d	2030	2130	2230
Stratford (SRA)	DLR 7 d	2038u	2138u	2238u
Chelmsford (CHM)	3 d			
Colchester (COL)	4 d	2117	2217	2317
Manningtree (MNG)	2 d	2125	2225	2326
Ipswich (IPS)	a	2135	2235	2336
Ipswich (IPS)	d	2136	2236	2338
Stowmarket (SMK)	d	2148	2248	2349
Diss (DIS)	d	2200	2300	0001
Norwich (NRW)	a	2217	2318	0019

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- u Stops to pick up only

Norwich to Ipswich, Colchester and London

Mondays to Fridays

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus Catering facilities	LE 1P01	LE 1P01	LE 1P03	LE 1P03	LE 1P05	LE 1P05	LE 1P07	LE 1P07	LE 1P13	LE 1P13	LE 1P15	LE 1P19	LE 1P21	LE 1P23	LE 1P25	LE 1P27	LE 1P29	LE 1P31	
Norwich (NRW)	d	0500	0505	0525	0530	0600	0604	0624	0628	0702	0705	0726	0803	0830	0903	0932	1000	1030	1100
Diss (DIS)	d	0518	0522	0543	0547	0618	0621	0642	0645	0720	0722	0744	0820	0847	0920	0949	1017	1047	1117
Stowmarket (SMK)	d	0531	0534	0556	0559	0631	0633	0655	0657	0733	0734	0756	0832		0932		1029		1129
Ipswich (IPS)	a	0543	0545	0608	0610	0643	0644	0707	0708	0746	0746	0811	0843	0907	0943	1009	1040	1107	1141
Ipswich (IPS)	d	0544	0546	0609	0611	0644	0645	0708	0709	0748	0748	0813	0844	0910	0945	1010	1041	1110	1142
Manningtree (MNG)	2 a	0554	0555	0618	0619	0653	0654	0718	0718	0756	0756	0821	0852	0918	0953	1018	1050	1118	1150
Colchester (COL)	4 a	0604	0604	0629	0629	0703	0703	0728	0728	0806	0806	0831	0902	0929	1003	1029	1100	1128	1200
Chelmsford (CHM)	3 a											0920		1021				1118	1218
Stratford (SRA)	DLR 7 a	0645s	0645s	0712s	0712s	0748s	0748s	0812s	0812s	0848s	0848s	0915s	0949s		1046s		1143s		1243s
London Liverpool Street (LST)	DLR 15 a	0654	0654	0722	0722	0758	0758	0823	0823	0858	0858	0925	1000	1019	1055	1118	1151	1215	1251

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus Catering facilities	LE 1P33	LE 1P35	LE 1P37	LE 1P39	LE 1P41	LE 1P43	LE 1P45	LE 1P47	LE 1P49	LE 1P51	LE 1P53	LE 1P55	LE 1P57	LE 1P59	LE 1P61	LE 1P63	LE 1P65	LE 1P67	
Norwich (NRW)	d	1132	1200	1232	1300	1330	1401	1430	1500	1530	1600	1630	1703	1730	1800	1832	1900	1932	2000
Diss (DIS)	d	1149	1217	1249	1317	1348	1418	1447	1517	1548	1617	1648	1720	1747	1817	1849	1917	1949	2017
Stowmarket (SMK)	d		1229		1329		1430		1529		1629		1733	1759	1829		1929		2029
Ipswich (IPS)	a	1209	1241	1309	1340	1408	1441	1507	1541	1609	1640	1708	1746	1810	1840	1909	1940	2009	2040
Ipswich (IPS)	d	1210	1242	1310	1341	1410	1442	1509	1543	1610	1642	1710	1749	1811	1842	1910	1942	2010	2045
Manningtree (MNG)	2 a	1218	1250	1318	1349	1418	1450	1517	1552	1618	1651	1718		1820	1850	1919	1951	2019	2053
Colchester (COL)	4 a	1229	1300	1329	1400	1429	1501	1528	1602	1629	1702	1728	1804	1829	1901	1929	2001	2028	2102
Chelmsford (CHM)	3 a		1318		1418		1519		1620		1721		1823		1920		2020		2120
Stratford (SRA)	DLR 7 a		1343s		1443s		1543s		1645s		1747s		1849s		1944s		2044s		2147s
London Liverpool Street (LST)	DLR 15 a	1315	1351	1416	1451	1517	1551	1615	1657	1718	1758	1820	1858	1916	1953	2020	2054	2119	2155

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus Catering facilities	LE 1P69	LE 1P71	LE 1P73	LE 1Y75	
Norwich (NRW)	d	2032	2102	2202	2305
Diss (DIS)	d	2049	2119	2219	2323
Stowmarket (SMK)	d		2131	2231	2335
Ipswich (IPS)	a	2109	2142	2242	2349
Ipswich (IPS)	d	2110	2144	2243	
Manningtree (MNG)	2 a	2119	2153	2252	
Colchester (COL)	4 a	2128	2202	2301	
Chelmsford (CHM)	3 a		2220	2324	
Stratford (SRA)	DLR 7 a		2245s	2353s	
London Liverpool Street (LST)	DLR 15 a	2218	2255	0003	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only
- C Runs from 10 October
- D Runs until 7 October
- E Also calls at Witham 2315 and Shenfield 2336

Norwich to Ipswich, Colchester and London

Saturdays

Operator Train ID 1st Class/Reservations/Bus Catering facilities	LE 1P01 ◇	LE 1P03 1◇	LE 1P05 1◇	LE 1P07 ◇	LE 1P13 1◇	LE 1P15 1◇	LE 1P19 1◇	LE 1P21 1◇	LE 1P23 1◇	LE 1P25 1◇	LE 1P27 1◇	LE 1P29 1◇	LE 1P31 1◇	LE 1P33 ◇	LE 1P35 1◇	LE 1P37 1◇	LE 1P39 ◇	LE 1P41 1◇	
Norwich (NRW)	d	0500	0532	0600	0632	0700	0732	0800	0832	0903	0932	1000	1032	1100	1132	1200	1232	1300	1332
Diss (DIS)	d	0517	0549	0617	0649	0717	0749	0817	0849	0920	0949	1017	1049	1117	1149	1217	1249	1317	1349
Stowmarket (SMK)	d	0529		0629		0729		0829		0932		1029		1129		1229		1329	
Ipswich (IPS)	a	0540	0609	0640	0709	0740	0809	0840	0909	0943	1009	1040	1109	1140	1209	1240	1309	1340	1409
Ipswich (IPS)	d	0541	0610	0641	0710	0741	0810	0841	0910	0944	1010	1041	1110	1141	1210	1241	1310	1341	1410
Manningtree (MNG)	2 a	0550	0619	0650	0719	0750	0819	0850	0919	0953	1018	1050	1118	1150	1218	1250	1319	1350	1418
Colchester (COL)	4 a	0559	0628	0659	0728	0759	0828	0859	0928	1002	1028	1100	1128	1159	1228	1259	1328	1359	1428
Chelmsford (CHM)	3 a	0618		0718		0818		0918		1020		1118		1218		1318		1418	
Stratford (SRA)	DLR 7 a	0643s		0743s		0843s		0943s		1045s		1143s		1243s		1343s		1443s	
London Liverpool Street (LST)	DLR 15 a	0651	0715	0751	0815	0851	0915	0951	1015	1053	1115	1151	1215	1251	1315	1351	1415	1451	1515

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus Catering facilities	LE 1P43 1◇	LE 1P45 1◇	LE 1P47 1◇	LE 1P49 1◇	LE 1P51 1◇	LE 1P53 ◇	LE 1P55 1◇	LE 1P57 1◇	LE 1P59 ◇	LE 1P61 1◇	LE 1P63 1◇	LE 1P67 1◇	LE 1P71 1◇	LE 1P73 F 1◇	LE 1Y75	
Norwich (NRW)	d	1400	1432	1500	1532	1600	1630	1703	1730	1800	1832	1900	2000	2100	2200	2305
Diss (DIS)	d	1417	1449	1517	1549	1617	1647	1720	1747	1817	1849	1917	2017	2117	2217	2323
Stowmarket (SMK)	d	1429		1529		1629		1732		1829		1929		2029		2335
Ipswich (IPS)	a	1440	1509	1540	1609	1640	1707	1743	1810	1840	1909	1940	2040	2140	2240	2346
Ipswich (IPS)	d	1441	1510	1541	1610	1641	1709	1744	1811	1841	1910	1941	2041	2141	2241	
Manningtree (MNG)	2 a	1450	1518	1550	1618	1650	1717	1753	1820	1850	1918	1950	2050	2150	2250	
Colchester (COL)	4 a	1459	1528	1559	1628	1700	1727	1802	1829	1859	1928	1959	2059	2159	2259	
Chelmsford (CHM)	3 a	1518		1618		1718		1820		1918		2018	2118	2218	2323	
Stratford (SRA)	DLR 7 a	1543s		1643s		1743s		1845s		1943s		2043s	2143s	2243s	2349s	
London Liverpool Street (LST)	DLR 15 a	1551	1615	1651	1715	1751	1815	1853	1915	1951	2015	2051	2151	2251	2358	

Sundays

Operator Train ID 1st Class/Reservations/Bus	LE 1P13 1◇	LE 1P19 1◇	LE 1P21 ◇	LE 1P23 1◇	LE 1P27 1◇	LE 1P31 1◇	LE 1P35 1◇	LE 1P39 1◇	LE 1P43 1◇	LE 1P47 1◇	LE 1P49 ◇	LE 1P51 1◇	LE 1P53 1◇	LE 1P55 1◇	LE 1P59 1◇	LE 1P63 1◇	LE 1P67 1◇	LE 1P71 1◇	
Norwich (NRW)	d	0657	0800	0825	0900	1000	1100	1200	1300	1400	1500	1523	1600	1623	1700	1800	1900	2000	2100
Diss (DIS)	d	0714	0817	0842	0917	1017	1117	1217	1317	1417	1517	1540	1617	1640	1717	1817	1917	2017	2117
Stowmarket (SMK)	d	0725	0829	0854	0929	1029	1129	1229	1329	1429	1529	1552	1629	1652	1729	1829	1929	2029	2129
Ipswich (IPS)	a	0736	0840	0905	0940	1040	1140	1240	1340	1440	1540	1604	1640	1703	1740	1840	1940	2040	2140
Ipswich (IPS)	d	0737	0841	0906	0941	1041	1141	1241	1341	1441	1541	1605	1641	1705	1741	1841	1941	2041	2141
Manningtree (MNG)	2 a	0746	0850		0950	1050	1150	1250	1350	1450	1550		1650		1750	1850	1950	2050	2150
Colchester (COL)	4 a	0755	0859	0921	0959	1059	1159	1259	1359	1459	1559	1620	1659	1720	1759	1859	1959	2059	2159
Chelmsford (CHM)	3 a																		
Stratford (SRA)	DLR 7 a		0939s		1039s	1139s	1239s	1339s	1439s	1539s	1639s	1700s	1739s	1800s	1839s	1939s	2039s	2139s	2239s
London Liverpool Street (LST)	DLR 15 a	0900	0947	1007	1047	1147	1247	1347	1447	1547	1647	1709	1747	1809	1847	1947	2047	2147	2247

Operator Train ID Days of operation/Notes 1st Class/Reservations/Bus	LE 1P73 G 1◇	LE 1Y75	
Norwich (NRW)	d	2205	2305
Diss (DIS)	d	2222	2322
Stowmarket (SMK)	d	2234	2334
Ipswich (IPS)	a	2245	2346
Ipswich (IPS)	d	2246	
Manningtree (MNG)	2 a	2254	
Colchester (COL)	4 a	2303	
Chelmsford (CHM)	3 a	2324	
Stratford (SRA)	DLR 7 a	2350s	
London Liverpool Street (LST)	DLR 15 a	2359	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- s Stops to set down only

- F Also calls at Witham 2313 and Shenfield 2334
- G Also calls at Witham 2316 and Shenfield 2335