# Table T016-F

## Mondays to Fridays

**17 May to 10 December**

## Norwich - Cromer and Sheringham

| Miles | | | LE | LE | LE | LE | LE | LE | LE | LE | LE | | LE | LE | LE | LE | LE | LE | LE | LE FX | LE FO | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 0 | **Norwich** | d | 05 10 | 05 40 | 07 15 | 08 21 | 09 45 | 10 45 | 11 45 | 12 45 | 13 45 | | 14 45 | 15 45 | 16 45 | 17 45 | 18 54 | 19 55 | 21 15 | 22 45 | 23 05 | | | | |
| 6 | Salhouse | d | . | 05 50 | 07 25 | 08 31 | 09 55 | . | 11 55 | . | 13 55 | . | . | 15 55 | 16 55 | 17 55 | . | 20 05 | 21 25 | 22 55 | 23 15 | . | . | . | . |
| 8¾ | Hoveton & Wroxham | d | 05 23 | 05 55 | 07 30 | 08 36 | 10 00 | 10 59 | 12 00 | 12 59 | 14 00 | | 14 59 | 16 00 | 17 00 | 18 00 | 19 09 | 20 10 | 21 30 | 23 00 | 23 20 | | | | |
| 13 | Worstead | d | . | 06 02 | 07 37 | 08 43 | . | 11 05 | . | 13 05 | . | . | 15 05 | 16 07 | 17 07 | 18 07 | 19 15 | 20 17 | 21 37 | 23 07 | 23 27 | . | . | . | . |
| — | **North Walsham** | a | 05 33 | 06 07 | 07 42 | 08 48 | 10 10 | 11 11 | 12 10 | 13 11 | 14 10 | | 15 11 | 16 12 | 17 12 | 18 12 | 19 21 | 20 22 | 21 42 | 23 12 | 23 32 | | | | |
| 16 | **North Walsham** | d | 05 34 | 06 10 | 07 45 | 08 51 | 10 13 | 11 13 | 12 13 | 13 13 | 14 13 | . | 15 14 | 16 15 | 17 15 | 18 18 | 19 21 | 20 25 | 21 43 | 23 13 | 23 33 | . | . | . | . |
| 19¾ | Gunton | d | | 06 16 | 07 51 | 08 57 | 10 19 | | 12 19 | | 14 19 | | | 16 21 | 17 21 | 18 24 | 19 27 | 20 31 | 21 49 | 23 19 | 23 39 | | | | |
| 23½ | Roughton Road | d | . | 06 23 | 07 57 | 09 03 | 10 25 | . | 12 25 | . | 14 25 | . | . | 16 27 | 17 27 | 18 30 | 19 34 | 20 37 | 21 55 | 23 25 | 23 45 | . | . | . | . |
| — | **Cromer** | a | 05 49 | 06 28 | 08 03 | 09 09 | 10 31 | 11 28 | 12 31 | 13 28 | 14 31 | | 15 29 | 16 33 | 17 33 | 18 36 | 19 40 | 20 43 | 22 01 | 23 31 | 23 51 | | | | |
| 26½ | **Cromer** | d | 05 56 | 06 39 | 08 06 | 09 12 | 10 34 | 11 32 | 12 34 | 13 32 | 14 34 | . | 15 33 | 16 36 | 17 36 | 18 39 | 19 43 | 20 46 | 22 04 | 23 34 | 23 54 | . | . | . | . |
| 28¾ | West Runton | d | 06 00 | 06 44 | 08 11 | 09 17 | 10 39 | 11 36 | 12 39 | 13 36 | 14 39 | | 15 37 | 16 41 | 17 41 | 18 44 | 19 48 | 20 51 | 22 09 | 23 39 | 23 59 | | | | |
| 30½ | **Sheringham** | a | 06 07 | 06 49 | 08 16 | 09 22 | 10 44 | 11 42 | 12 44 | 13 42 | 14 44 | . | 15 43 | 16 46 | 17 46 | 18 49 | 19 53 | 20 56 | 22 14 | 23 44 | 00 04 | . | . | . | . |

## Saturdays

**22 May to 11 December**

| | | LE | LE | LE | LE | LE | LE | LE | LE | LE | | LE | LE | LE | LE | LE | LE | LE | LE | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Norwich** | d | 05 20 | 05 45 | 07 15 | 08 21 | 09 45 | 10 45 | 11 45 | 12 45 | 13 45 | | 14 45 | 15 45 | 16 45 | 17 45 | 18 55 | 19 55 | 21 15 | 23 05 | | | | | | |
| Salhouse | d | . | 05 55 | 07 25 | 08 31 | 09 55 | . | 11 55 | . | 13 55 | . | . | 15 55 | 16 55 | 17 55 | . | 20 05 | 21 25 | 23 15 | . | . | . | . | . | . |
| Hoveton & Wroxham | d | 05 33 | 06 00 | 07 30 | 08 36 | 10 00 | 10 59 | 12 00 | 12 59 | 14 00 | | 14 59 | 16 00 | 17 00 | 18 00 | 19 09 | 20 10 | 21 30 | 23 20 | | | | | | |
| Worstead | d | . | 06 07 | 07 37 | 08 43 | . | 11 05 | . | 13 05 | . | . | 15 05 | 16 07 | 17 07 | 18 07 | 19 15 | 20 17 | 21 37 | 23 27 | . | . | . | . | . | . |
| **North Walsham** | a | 05 43 | 06 12 | 07 42 | 08 48 | 10 10 | 11 11 | 12 10 | 13 11 | 14 10 | | 15 11 | 16 12 | 17 12 | 18 12 | 19 21 | 20 22 | 21 42 | 23 32 | | | | | | |
| **North Walsham** | d | 05 44 | 06 13 | 07 45 | 08 51 | 10 13 | 11 13 | 12 13 | 13 13 | 14 13 | . | 15 14 | 16 15 | 17 15 | 18 18 | 19 21 | 20 25 | 21 43 | 23 33 | . | . | . | . | . | . |
| Gunton | d | | 06 19 | 07 51 | 08 57 | 10 19 | | 12 19 | | 14 19 | | | 16 21 | 17 21 | 18 24 | 19 27 | 20 31 | 21 49 | 23 39 | | | | | | |
| Roughton Road | d | . | 06 25 | 07 57 | 09 03 | 10 25 | . | 12 25 | . | 14 25 | . | . | 16 27 | 17 27 | 18 30 | 19 34 | 20 37 | 21 55 | 23 45 | . | . | . | . | . | . |
| **Cromer** | a | 05 59 | 06 31 | 08 03 | 09 09 | 10 31 | 11 28 | 12 31 | 13 28 | 14 31 | | 15 29 | 16 33 | 17 33 | 18 36 | 19 40 | 20 43 | 22 01 | 23 51 | | | | | | |
| **Cromer** | d | 06 02 | 06 36 | 08 06 | 09 12 | 10 34 | 11 32 | 12 34 | 13 32 | 14 34 | . | 15 33 | 16 36 | 17 36 | 18 39 | 19 43 | 20 46 | 22 04 | 23 54 | . | . | . | . | . | . |
| West Runton | d | 06 07 | 06 40 | 08 11 | 09 17 | 10 39 | 11 36 | 12 39 | 13 36 | 14 39 | | 15 37 | 16 41 | 17 41 | 18 44 | 19 48 | 20 51 | 22 09 | 23 59 | | | | | | |
| **Sheringham** | a | 06 12 | 06 46 | 08 16 | 09 22 | 10 44 | 11 42 | 12 44 | 13 42 | 14 44 | . | 15 43 | 16 46 | 17 46 | 18 49 | 19 53 | 20 56 | 22 14 | 00 04 | . | . | . | . | . | . |

## Sundays

**16 May to 5 December**

| | | LE | LE | LE | LE | LE | LE | LE | LE | LE | | LE | LE | LE | LE | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Norwich** | d | 08 36 | 09 45 | 10 36 | 11 45 | 12 36 | 13 45 | 14 36 | 15 45 | 16 36 | | 17 45 | 18 36 | 19 45 | 20 36 | | | | | | | | | | |
| Salhouse | d | 08 46 | . | 10 46 | . | 12 46 | . | 14 46 | . | 16 46 | . | . | 18 46 | . | 20 46 | . | . | . | . | . | . | . | . | . | . |
| Hoveton & Wroxham | d | 08 51 | 09 59 | 10 51 | 11 59 | 12 51 | 13 59 | 14 51 | 15 59 | 16 51 | | 17 59 | 18 51 | 19 59 | 20 51 | | | | | | | | | | |
| Worstead | d | 08 58 | . | 10 58 | . | 12 58 | . | 14 58 | . | 16 58 | . | . | 18 58 | . | 20 58 | . | . | . | . | . | . | . | . | . | . |
| **North Walsham** | a | 09 03 | 10 09 | 11 03 | 12 09 | 13 03 | 14 09 | 15 03 | 16 09 | 17 03 | | 18 09 | 19 03 | 20 09 | 21 03 | | | | | | | | | | |
| **North Walsham** | d | 09 04 | 10 11 | 11 06 | 12 11 | 13 06 | 14 11 | 15 06 | 16 11 | 17 06 | . | 18 11 | 19 06 | 20 11 | 21 06 | . | . | . | . | . | . | . | . | . | . |
| Gunton | d | 09 10 | | 11 12 | | 13 12 | | 15 12 | | 17 12 | | | 19 12 | | 21 12 | | | | | | | | | | |
| Roughton Road | d | 09 16 | . | 11 18 | . | 13 18 | . | 15 18 | . | 17 18 | . | . | 19 18 | . | 21 18 | . | . | . | . | . | . | . | . | . | . |
| **Cromer** | a | 09 22 | 10 26 | 11 24 | 12 26 | 13 24 | 14 26 | 15 24 | 16 26 | 17 24 | | 18 26 | 19 24 | 20 26 | 21 24 | | | | | | | | | | |
| **Cromer** | d | 09 25 | 10 30 | 11 27 | 12 30 | 13 27 | 14 30 | 15 27 | 16 30 | 17 27 | . | 18 30 | 19 27 | 20 30 | 21 27 | . | . | . | . | . | . | . | . | . | . |
| West Runton | d | 09 30 | | 11 32 | | 13 32 | | 15 32 | | 17 32 | | | 19 32 | | 21 32 | | | | | | | | | | |
| **Sheringham** | a | 09 36 | 10 38 | 11 38 | 12 38 | 13 38 | 14 38 | 15 38 | 16 38 | 17 38 | . | 18 38 | 19 38 | 20 38 | 21 38 | . | . | . | . | . | . | . | . | . | . |

# Table T016-R

## Sheringham and Cromer - Norwich

**Mondays to Fridays**

**17 May to 10 December**

| Miles | | | LE | LE | LE | LE | LE | LE | LE | LE | LE | | LE | LE | LE | LE | LE | LE | LE | LE | LE FX | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 0 | **Sheringham** | d | | | 06 31 | 07 16 | 08 22 | 09 44 | 10 47 | 11 44 | 12 47 | 13 44 | | 14 47 | 15 46 | 16 49 | 17 49 | 18 52 | 19 56 | 21 10 | 22 17 | 23 47 | | | |
| 1¾ | West Runton | d | | | 06 35 | 07 20 | 08 26 | 09 48 | 10 51 | 11 48 | 12 51 | 13 48 | | 14 51 | 15 50 | 16 53 | 17 53 | 18 56 | 20 00 | 21 14 | 22 21 | 23 51 | | | |
| — | **Cromer** | a | | | 06 39 | 07 24 | 08 30 | 09 52 | 10 55 | 11 52 | 12 55 | 13 52 | | 14 55 | 15 54 | 16 57 | 17 57 | 19 00 | 20 04 | 21 18 | 22 25 | 23 55 | | | |
| 4 | **Cromer** | d | | 05 53 | 06 42 | 07 27 | 08 33 | 09 55 | 10 58 | 11 55 | 12 58 | 13 55 | | 14 58 | 15 57 | 17 00 | 18 00 | 19 03 | 20 07 | 21 21 | 22 28 | 23 58 | | | |
| 7 | Roughton Road | d | | 05 58 | 06 48 | 07 33 | 08 39 | 10 01 | | 12 01 | | 14 01 | | 15 04 | 16 03 | | 18 06 | | 20 13 | 21 27 | 22 34 | | | | |
| 10¾ | Gunton | d | | 06 04 | 06 54 | 07 39 | 08 45 | 10 07 | | 12 07 | | 14 07 | | | 16 09 | | 18 12 | | 20 19 | 21 33 | 22 40 | | | | |
| — | **North Walsham** | a | | 06 09 | 07 00 | 07 45 | 08 51 | 10 13 | 11 13 | 12 13 | 13 13 | 14 13 | | 15 14 | 16 15 | 17 15 | 18 18 | 19 18 | 20 25 | 21 39 | 22 46 | 00 13 | | | |
| 14½ | **North Walsham** | d | | 06 11 | 07 00 | 07 45 | 08 51 | 10 13 | 11 14 | 12 13 | 13 14 | 14 13 | | 15 14 | 16 15 | 17 15 | 18 18 | 19 21 | 20 25 | 21 43 | 22 46 | 00 13 | | | |
| 17½ | Worstead | d | | 06 16 | 07 05 | 07 50 | 08 56 | 10 18 | | 12 18 | | 14 18 | | | 16 20 | | 18 23 | | 20 30 | 21 48 | 22 51 | | | | |
| 21¾ | Hoveton & Wroxham | d | | 06 23 | 07 12 | 07 57 | 09 03 | 10 25 | 11 24 | 12 25 | 13 24 | 14 25 | | 15 24 | 16 27 | 17 25 | 18 30 | 19 31 | 20 37 | 21 55 | 22 58 | 00 22 | | | |
| 24½ | Salhouse | d | | 06 27 | 07 17 | 08 02 | 09 08 | | 11 28 | | 13 28 | | | 15 29 | 16 32 | | 18 34 | | 20 42 | 21 59 | 23 03 | | | | |
| 30½ | **Norwich** | a | | 06 40 | 07 28 | 08 14 | 09 21 | 10 41 | 11 41 | 12 41 | 13 41 | 14 41 | | 15 41 | 16 45 | 17 41 | 18 47 | 19 46 | 20 55 | 22 12 | 23 15 | 00 37 | | | |

**Saturdays**

**22 May to 11 December**

| | | LE | LE | LE | LE | LE | LE | LE | LE | LE | | LE | LE | LE | LE | LE | LE | LE | LE | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Sheringham** | d | 00 07 | 06 21 | 07 16 | 08 22 | 09 44 | 10 47 | 11 44 | 12 47 | 13 44 | | 14 47 | 15 46 | 16 49 | 17 49 | 18 52 | 19 56 | 21 10 | 22 17 | | | | | | |
| West Runton | d | 00 11 | 06 25 | 07 20 | 08 26 | 09 48 | 10 51 | 11 48 | 12 51 | 13 48 | | 14 51 | 15 50 | 16 53 | 17 53 | 18 56 | 20 00 | 21 14 | 22 21 | | | | | | |
| **Cromer** | a | 00 15 | 06 29 | 07 24 | 08 30 | 09 52 | 10 55 | 11 52 | 12 55 | 13 52 | | 14 55 | 15 54 | 16 57 | 17 57 | 19 00 | 20 04 | 21 18 | 22 25 | | | | | | |
| **Cromer** | d | 00 18 | 06 32 | 07 27 | 08 33 | 09 55 | 10 58 | 11 55 | 12 58 | 13 55 | | 14 58 | 15 57 | 17 00 | 18 00 | 19 03 | 20 07 | 21 21 | 22 28 | | | | | | |
| Roughton Road | d | | 06 38 | 07 33 | 08 39 | 10 01 | | 12 01 | | 14 01 | | 15 04 | 16 03 | | 18 06 | | 20 13 | 21 27 | 22 34 | | | | | | |
| Gunton | d | | 06 44 | 07 39 | 08 45 | 10 07 | | 12 07 | | 14 07 | | | 16 09 | | 18 12 | | 20 19 | 21 33 | 22 40 | | | | | | |
| **North Walsham** | a | 00 33 | 06 50 | 07 45 | 08 51 | 10 13 | 11 13 | 12 13 | 13 13 | 14 13 | | 15 14 | 16 15 | 17 15 | 18 18 | 19 18 | 20 25 | 21 39 | 22 46 | | | | | | |
| **North Walsham** | d | 00 33 | 06 50 | 07 45 | 08 51 | 10 13 | 11 14 | 12 13 | 13 14 | 14 13 | | 15 14 | 16 15 | 17 15 | 18 18 | 19 21 | 20 25 | 21 43 | 22 46 | | | | | | |
| Worstead | d | | 06 55 | 07 50 | 08 56 | 10 18 | | 12 18 | | 14 18 | | | 16 20 | | 18 23 | | 20 30 | 21 48 | 22 51 | | | | | | |
| Hoveton & Wroxham | d | 00 42 | 07 02 | 07 57 | 09 03 | 10 25 | 11 24 | 12 25 | 13 24 | 14 25 | | 15 24 | 16 27 | 17 25 | 18 30 | 19 31 | 20 37 | 21 55 | 22 58 | | | | | | |
| Salhouse | d | | 07 07 | 08 02 | 09 08 | | 11 28 | | 13 28 | | | 15 29 | 16 32 | | 18 35 | | 20 42 | 21 59 | 23 03 | | | | | | |
| **Norwich** | a | 00 57 | 07 19 | 08 14 | 09 21 | 10 41 | 11 41 | 12 40 | 13 41 | 14 41 | | 15 41 | 16 44 | 17 44 | 18 47 | 19 46 | 20 55 | 22 12 | 23 15 | | | | | | |

**Sundays**

**16 May to 5 December**

| | | LE | LE | LE | LE | LE | LE | LE | LE | LE | | LE | LE | LE | LE | LE | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Sheringham** | d | 00 07 | 09 42 | 10 41 | 11 42 | 12 41 | 13 42 | 14 41 | 15 42 | 16 41 | | 17 42 | 18 41 | 19 42 | 20 41 | 21 42 | | | | | | | | | |
| West Runton | d | 00 11 | 09 46 | | 11 46 | | 13 46 | | 15 46 | | | 17 46 | | 19 46 | | 21 46 | | | | | | | | | |
| **Cromer** | a | 00 15 | 09 50 | 10 47 | 11 50 | 12 47 | 13 50 | 14 47 | 15 50 | 16 47 | | 17 50 | 18 47 | 19 50 | 20 47 | 21 50 | | | | | | | | | |
| **Cromer** | d | 00 18 | 09 53 | 10 51 | 11 53 | 12 51 | 13 53 | 14 51 | 15 53 | 16 51 | | 17 53 | 18 51 | 19 53 | 20 51 | 21 53 | | | | | | | | | |
| Roughton Road | d | | 09 59 | | 11 59 | | 13 59 | | 15 59 | | | 17 59 | | 19 59 | | 21 59 | | | | | | | | | |
| Gunton | d | | 10 05 | | 12 05 | | 14 05 | | 16 05 | | | 18 05 | | 20 05 | | 22 05 | | | | | | | | | |
| **North Walsham** | a | 00 33 | 10 11 | 11 06 | 12 11 | 13 06 | 14 11 | 15 06 | 16 11 | 17 06 | | 18 11 | 19 06 | 20 11 | 21 06 | 22 11 | | | | | | | | | |
| **North Walsham** | d | 00 33 | 10 12 | 11 06 | 12 12 | 13 06 | 14 12 | 15 06 | 16 12 | 17 06 | | 18 12 | 19 06 | 20 12 | 21 06 | 22 12 | | | | | | | | | |
| Worstead | d | | 10 17 | | 12 17 | | 14 17 | | 16 17 | | | 18 17 | | 20 17 | | 22 17 | | | | | | | | | |
| Hoveton & Wroxham | d | 00 42 | 10 24 | 11 16 | 12 24 | 13 16 | 14 24 | 15 16 | 16 24 | 17 16 | | 18 24 | 19 16 | 20 24 | 21 16 | 22 24 | | | | | | | | | |
| Salhouse | d | | 10 28 | | 12 28 | | 14 28 | | 16 28 | | | 18 28 | | 20 28 | | 22 28 | | | | | | | | | |
| **Norwich** | a | 00 57 | 10 40 | 11 31 | 12 40 | 13 31 | 14 40 | 15 31 | 16 40 | 17 31 | | 18 40 | 19 31 | 20 40 | 21 32 | 22 40 | | | | | | | | | |